

# Collection, Culture, and Interpretation of a Throat Culture Screen for Presumptive Identification of Group A Streptococci

# Preanalytical Steps

Required Quality Control (QC) Before Collection and Culture

Primary Inoculation Media

- Use ONLY Selective Strep Agar (SSA).
- Maintain documentation on manufacturer's quality control performance.
- · For each new shipment and each new lot number,
- Document receipt date, lot number and expiration date.
- Document any variations in the physical characteristics of the media.
- If QC fails,
- Take corrective action; and
- Document the action in the corrective action log.

### TAXO A Disks

- Use ONLY TAXO A Disks (0.04 units bacitracin).
- Test each new shipment and each new lot number before patient testing by using the following organisms:

Streptococcus pyogenes ATCC 12384 (or equivalent) — Positive Control Observe the SSA plate for the appearance of translucent or opaque whiteto-gray-colored colonies surrounded by a zone of beta hemolysis and a zone of no colony growth around the TAXO A disk.

Streptococcus agalactiae ATCC 12386 (or equivalent) — Negative Control

Observe the SSA plate for hemolysis and growth up to the TAXO A disk.

- If OC fails.
- Take corrective action; and
- Document the action in the corrective action log.

#### Specimen Handling

- Specimen Collection
- Correct throat specimen collection is critical in recovering Group A streptococci.
- Review correct collection technique.
- Collect specimen with a sterile dry swab (cotton, Dacron, ™ or calcium alginate) or a transport system.
- Specimen Labeling
- Date.
- Patient's name PLUS date of birth or medical record number.
- Specimen Processing
- Sterile dry swab: Inoculate SSA plate immediately.
- Transport media swab: Inoculate SSA plate within manufacturer's specified time frame.



This Guide Is a Joint Collaboration of the Massachusetts Department of Public Health and the National Laboratory Training Network



Contact information

refer to corresponding Group A Streptococci Procedure Guide

For detailed information

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- Use ONE SSA plate per patient. Label plate bottom, not cover.
- Include inoculation date.
- Inoculate plate with specimen swab.
- Cover  $\leq 1/4$  of agar surface.
- Apply TAXO A disk.
- quadrant.
- Incubate at 35–37 °C for 24–48 hours.
- Incubate agar plates BOTTOM SIDE UP.

- hemolysis (See plate C).
- these steps.):

- Written procedure.
- Proficiency program enrollment.
- Testing personnel training documentation.
- Monthly QC records review.
- Quality assessment of patient test results.



# Analytical Steps

# **Test Procedure**

- Inoculation of Agar Plate

- Include patient's first name, last name, and unique identifier.
- Use sterile inoculating loop to streak plate (See Diagram A).
- Remove one disk with clean forceps and place disk on first
- Do not allow the forceps to touch agar surface.
  - Incubation of Agar Plate
- DO NOT incubate agar plates cover side up.
- Examine agar plates at 24 hours; document results. Re-incubate negative agar plates for an additional 24 hours and document final results.

## Test Results

- Positive: Appearance of translucent or opaque white-to-gray-colored colonies surrounded by a zone of beta hemolysis and a zone of no colony growth around the TAXO A disk (See plate B).
- Negative: Colony growth up to TAXO A disk with or without beta
- Questionable (Follow the full procedure as outlined in the guide for
- Moderate-complexity laboratories: Send any culture with questionable results to a reference laboratory for further testing. High-complexity laboratories: Subculture questionable colonies with a TAXO A disk or retest with Rapid Strep test that is FDA-
- approved for confirmation of Group A streptococci from cultures.

# Postanalytical Steps

## **Report Results**

- Presumptive Group A streptococci isolated (See Diagram B). Negative for Group A streptococci (See Diagram C).
  - **Quality Assessment Program**
- Annual testing personnel competency documentation