



What do **your genes** say about **your health**?

Call the **Genetic Services Referral Phone Line** for **information**.

833-545-3218

What are genetic services?

Genetic services help to diagnose or give information to people at higher risk for genetic diseases. People whose relatives have a genetic disease may be at risk to develop the disease themselves. Genetic services include lab tests, genetic counseling and education.

Phone line staff will help connect people looking for genetic services with a health care provider who knows about genetics.

Speaking with a genetic counselor can help if you have questions or need more information about:

- Inherited diseases in your family.
- Prenatal counseling if you are pregnant or thinking about becoming a parent.
- Testing for inherited conditions.
- Steps to take such as screenings, if you are at risk for hereditary cancers.

What to expect during the call?

- You will be asked to enter your zip code to find services in your area.
- You will be asked to explain your questions so we can connect you to the right services for you.
- The call will not be recorded.
- Phone line staff cannot give medical advice.

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NYMAC (New York-Mid Atlantic Consortium) Regional Genetics Network's goal is to improve access to genetic services in the region.